



SELF-ASSESSMENT OF MY CORE COMPETENCY: Reflection

Name: _____ **Date:** _____

1. What did I learn this week?
2. How did I contribute?
3. What did I take away? How can I use what I've learned beyond the classroom?
4. When/how was I challenged?
5. How did I improve?
6. Provide a specific example of how collaboration helped/improved/furthered my learning this week?