



# SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: \_\_\_\_\_ Date: \_\_\_\_\_



**Communication**



**Thinking**

- Creative Thinking
- Critical Thinking



**Personal and Social**

- Positive Personal/Cultural Identity
- Personal Awareness and Responsibility
- Social Awareness and Responsibility

**1. Reflect on your learning this year and describe how you have demonstrated or developed your Core Competencies. You may write and/or draw your thinking.**



Self-assessment can take many forms and may focus on one or more of the core competencies.